

Fit und Gesund am Heeperholz

POUND
ROCKOUT. WORKOUT.

Bodycomplete

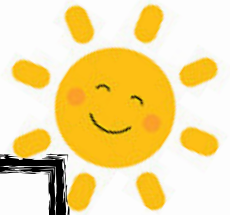


SWEAT. SCULPT. ROCK.
WITH POUND® - ROCKOUT. WORKOUT.



ZUMBA
FITNESS

Rückenfit

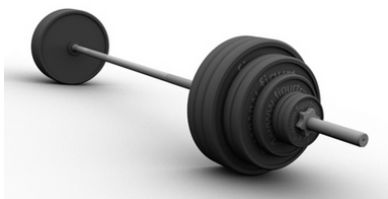


Schnupperfitness

1 Woche für

9,90 €

lerne unsere Kurse kennen und
halte dich fit



Langhantel

Bauch Beine Po



Hatha Yoga



DRUMS ALIVE®



FASZIO®
Ganzheitliches Faszientraining

TABATA



PhysioConcept

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